



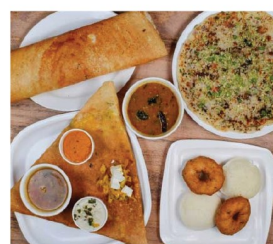
ASIAN INDIANS OF HAMPTON ROADS
PRESENTS

24TH ANNUAL



INDIA FEST

2019



YOUR OUTER BANKS INVESTMENT CONNECTION



**COROLLA
DUCK
KITTY HAWK
KILL DEVIL HILLS
NAGS HEAD**



**Cindy Edwards, ABR, GRI
CENTURY 21 Nachman Realty
4628 North Croatan Highway
Kitty Hawk, NC 27949
C: 252.256.0520
obxhomefinder.com**





Property Management

Plaza Resort Management sets and carefully monitors meaningful cost controls. Rates are structured, checked daily through our guest tracking report and changed as market conditions warrant.

Renovations & Purchasing

The company has developed close relationships with many suppliers and manufacturers. Due to economics of scale, purchasing power is realized. While saving unnecessary expenditures, quality renovations are achieved.

Sales & Marketing

Plaza Resort Management - places special emphasis on a strong and effective sales and marketing department. Following careful research, strategic marketing plans are put in place for each property in the portfolio and reviewed quarterly.

Acquisitions and Development

One of the most compelling incentives for hiring Plaza Resort Management may be the utilization of their development expertise, from the initial design of the project, to the property's opening and subsequent management.

Our Clients



(757) 401-4102



info@plazaresortmgmt.com



817 Virginia Beach Blvd Ste#102, Virginia Beach, VA 23451



INFORMATION TECHNOLOGY COALITION

Working Together To Make *IT* Happen



ITC Customers

- » National Institute of Standards and Technology (NIST)
- » Department of Homeland Security (DHS)
 - ▶ US Coast Guard (USCG)
 - ▶ Transportation Security Administration (TSA)
 - ▶ Customs and Border Protection (CBP)
- » Department of Justice (DOJ)
 - ▶ FBI
 - ▶ DEA
- » Department of Treasury (DOT)
- » National Aeronautics and Space Administration (NASA)
 - ▶ NASA Shared Services Center (NSSC)
 - ▶ Goddard Space Flight Center (GSFC)
- » Veterans Affairs (VA)
- » US Army INSCOM

ITC Contract Vehicles

- » GSA IT Schedule 70
- » DHS TABSS IDIQ
- » NIST A&A IDIQ
- » FAA eFAST
- » Navy Seaport-e

A Service Disabled Veteran Owned Small Business (SDVOSB),
 Established in 2006, ISO/IEC 27001:2005, Deltek Financial Management, ISO 9001:2008, TS Facility Security Clearance
 Veterans Administration (VA) Certified, Extensive Prime Contract Experience

IT Services

- » Full Lifecycle Infrastructure
 - ▶ Telecommunications, Engineering & Administration
 - ▶ Systems Architecture, Engineering and Administration
 - ▶ Data Center Support
 - ▶ Database Design and Administration
- » IT Security
 - ▶ A&A/C&A & Continuous Monitoring
 - ▶ ISSO Support
 - ▶ COOP/Disaster Recovery
 - ▶ Security Operations
- » Applications Support
 - ▶ Web Development
 - ▶ Full SDLC Support for MS COTS
 - ▶ Products

Business Services

- » Financial Management
 - ▶ Oracle ERP Support
 - ▶ Accounting (GL, AP, AR)
 - ▶ Budget Formulation and Execution
 - ▶ Foreign Military Sales
 - ▶ Procurement
- » Human Resources
 - ▶ On-Boarding
 - ▶ HRIS
 - ▶ Benefits Processing
 - ▶ Records Management
- » Program Management
 - ▶ Federal Real Property Management
 - ▶ Property/Asset Management

A Service Disabled Veteran Owned Small Business

ITC Points of Contact:

Greg Fitzgerald, Vice President
 Office: (703) 894-4434
 Email: fitz@itcoalition.com

Geoff Crowe, Director
 Office: (703) 894-4433
 Email: gcrowe@itcoalition.com



Information Technology Coalition, Inc. (ITC)

4713-A Eisenhower Ave, Alexandria, VA 22304

Tel: (703) 894-4444 | Fax: (703) 894-4445 | www.itcoalition.com



Message from the President

Dear friends!

Namaste! Welcome to India Fest hosted by the Asian Indians of Hampton Roads (AIHR). It gives me great pleasure to invite you to this celebration of India. The 24th celebration of India Fest, at the Virginia Beach Convention Center, promises to be a feast for the senses. We welcome you to explore and enjoy the vibrant tradition and culture of one of the world's oldest civilizations.

Savor the delicate intricacies of Indian spices from the best local Indian restaurateurs, be mesmerized by India's music and dance, and enjoy the educational activities with your children. Add bling to your wardrobe, and update your style with many exotic vendors from near and afar. We have tried to create the overarching majesty and diversity of India, with nonstop cultural performances that capture the essence of Indian culture. We hope that India Fest is not only an enjoyable experience for you, but also fosters a deeper understanding and appreciation of India.

The Asian Indians of Hampton Roads group proactively supports the Hampton Roads community. Read more about us at www.aihr.org. One of our focal missions is to promote education locally. Towards that goal, we have introduced youth-oriented competitions at India Fest. Art, badminton, chess, essay, math, poetry, ping pong, public speaking, and tennis competitions create an environment of learning and fun. Our goal is to recognize talent and encourage children to compete and shine!

As in the previous three years, there is an exclusive space for NETCON affording people from corporations, banks, restaurants, health professional, political dignitaries and sponsors to mingle in festive and relaxed environment. NETCON has been instrumental to provide business connections for attendees.

AIHR is grateful to our community for their massive support and encouragement to champion India Fest. An event of this magnitude is only possible with dedication, meticulous planning, and the labor of love. We extend our sincere gratitude to our sponsors! Our vendors, who come from far and near, are the jewels of India Fest. Finally, AIHR is indebted to the service of our innumerable performers, choreographers, committee members, and volunteers. Thank you for championing the success of our India Fest!

Best wishes for peace and harmony amongst us!

Naveen Agarwal

President

Asian Indians of Hampton Roads



**FEEL GOOD
ABOUT YOUR INSURANCE.**

COMPETITIVELY PRICED.

SPECIALIZING IN HOTELS | MOTELS | RESTAURANTS | RETAIL
ALL COMMERCIAL AND PERSONAL INSURANCE NEEDS



Plant a Billion trees

FEEL GOOD ABOUT YOUR
INSURANCE. WE PLANT A TREE
FOR EVERY POLICY WE WRITE.

CONTACT ONE OF OUR EXPERIENCED
AGENTS TO FIND OUT WHICH POLICY
FITS YOUR NEEDS

757-248-5973 Office | info@prosper.insurance

WWW.PROSPER.INSURANCE



PROSPER
INSURANCE



COMMONWEALTH of VIRGINIA

Office of the Governor

Ralph S. Northam
Governor

November 23, 2019

Dear Friends:

On behalf of the Commonwealth of Virginia, it is my pleasure to address and extend my best wishes to everyone attending the 2019 India Fest hosted by the Asian Indians of Hampton Roads. I am always inspired to hear about leaders across Virginia who use their passion and talents to empower our communities.

Diversity is one of the Commonwealth's greatest strengths and Virginia is proud to be home to a large Indian American population. As Governor, I have worked diligently to create a community of equity and inclusion. I strive to make Virginia a more vibrant and welcoming place to live, work, and raise a family. Indian Americans play an important role in these efforts. Indian immigrants and their descendants have contributed to all aspects of Virginia and American culture, commerce, and history for more than 100 years.

Since the late 1970's, the India Fest has provided an important platform to the Hampton Roads community to share Indian heritage and celebrate Virginia's rich cultural diversity through traditional dance and authentic Indian cuisines. I would also like to commend the volunteers and organizers for their hard work in making this event possible. I am confident that your continued engagement will make our community a better place to live.

Again, thank you for attending the 2019 India Fest. I hope you all enjoy your experience today and that this tradition continues for many years to come. It is an honor to serve as your Governor.

Sincerely,


A handwritten signature in black ink that reads "Ralph S. Northam".

Ralph S. Northam

Patrick Henry Building • 1111 East Broad Street • Richmond, Virginia 23219
(804) 786-2211 • TTY (800) 828-1120
www.governor.virginia.gov



Anthem is Transforming—we're looking for professionals with experience in:

- 
DIGITAL TECHNOLOGIES
- 
BIG DATA
- 
APPLICATION DEVELOPMENT
- 
SECURITY
- 
AGILE DELIVERY

With you, we can make Inspired Technology for the future—take a look below to see what we have to offer!



Leading Technology

Anthem, through its new Innovation Studio and the Agile delivery methodology, is committed to finding new and improved ways to provide real-world solutions that simplify health care processes, improve health care quality, and bring health care directly to our consumers



Impactful Work

Anthem has a responsibility to its members to support them in their times of need—working at Anthem, you can make a difference in any of the millions of lives we cover



Community Working Environment

Anthem has developed five Centers of Excellence across the country in Atlanta, Norfolk, Richmond, Mason, and Indianapolis—each of these locations offers a community of peers to learn from and grow with at Anthem while maintaining a balanced work-life integration



Total Rewards

Anthem offers strong compensation packages to reward Associates' hard work, perseverance, and valuable contributions to Anthem, including: *merit based pay and incentives, savings plans and retirement assistance, continuous education support, healthcare options, and travel perks/rewards*



Build Your Career

Anthem is expanding! There are new career opportunities available with areas for advancement within the company

For more information about available positions, please contact us through our website: careers.antheminc.com

Follow and like us on our social media!

-  Anthem, Inc.
-  @CareersatAnthemInc
-  @AnthemCareers
-  glassdoor

MARK R. WARNER
VIRGINIA



UNITED STATES SENATOR
WASHINGTON, D.C.

November 23, 2019

Dear Friends,

I am pleased to extend warm greetings to all who are gathered for the 24th India Fest at the Virginia Beach Convention Center.

We are fortunate to have a strong and vibrant Indian American community in the Commonwealth. We have all benefited from your ideas, values, and traditions. I commend the Asian Indians of Hampton Roads for organizing this tremendous festival to share your culture with others through traditional cuisine, performances, and crafts.

I am honored to serve as a co-chair of the bipartisan Senate India Caucus, which is one of the largest country caucuses in the United States Senate. Our aim is deepening the United States-India partnership, including increasing two-way trade and enhancing our strategic partnership in defense and counterterrorism. We have worked hard to find opportunities for further collaboration between our two countries, including through increasing United States defense sales, supporting reforms in India to ease business for United States companies, and finding ways to increase academic exchanges.

More than 3.5 million Indian Americans live in the United States, with more than 131,000 Indian Americans in Virginia alone. Indian Americans are successful entrepreneurs, doctors, academics, and more—building companies, creating jobs, and enriching our communities.

I remain optimistic about the United States-India relationship, and I continue to believe we can make great strides together. As two of the world's largest democracies, and with the incredible Indian American population that contributes so much to our culture, commerce, and community in this country, it is critical for us to continue to deepen and broaden the existing partnership and friendship. Events like India Fest, where customs and ideas can be exchanged, further this goal.

Enjoy the festival!

Sincerely,

A handwritten signature in blue ink that reads "Mark R. Warner".

MARK R. WARNER
United States Senator



INSURANCE SOLUTIONS

We have access to dozens of "A rated" carriers so we can shop rates for the best coverage and price options for your business. We provide insurance solutions along of the Eastern Seaboard from New Jersey to Florida.

COMMERCIAL

- Business Owners Policy
- Workers Compensation
- GL/Prop Packages
- Commercial Auto Insurance
- Equipment Coverage
- Commercial Umbrella Insurance

PRIVATE CLIENT GROUP

- Primary and Secondary Home
- Coastal Homes
- Yachts & Personal Watercraft
- Artwork and Collectibles
- Jewelry & Antiques
- Primary & Luxury Autos
- Private Planes & Helicopters

PERSONAL

- Homeowners Insurance
- Renters Insurance
- Automobile Insurance
- Personal Umbrella Insurance
- RV/Boat/Motorcycle Insurance
- Flood Insurance

Choice Insurance Agency | 4664 South Blvd., Virginia Beach, VA 23452

Contact us at: quotes@choiceins.com | www.choiceins.com | 855-INSURED



NEERAJ "RAJ" AGARWAL, CFP® ChFC® CLU®
FINANCIAL PLANNER

4664 South Blvd, Suite 201A, VA Beach, VA - 23452
 Ph: 757 609 0347 Email: ragarwal@securitiesmail.com



WEALTH ACCUMULATION

- IRA / Roth / 401k
- College Savings and Annuities
- 1031 Exchange / REITs

PLANNING

- Personal
- Business
- Estate

PROTECTION

- Life Insurance: Term & Permanent
- Disability Income / Long Term Care
- Group Health Insurance



A member of Lincoln Financial Group

"Investments and advisory services offered through representatives of Lincoln Financial Securities Corporation, Member SIPC."



HOUSE OF REPRESENTATIVES
WASHINGTON, D.C. 20515

Dear Friends,

Welcome to Asian Indians of Hampton Roads India Fest 2019! I am so honored to attend and participate in this magnificent day.

This annual cultural event offers a wonderful array of experiences for Hampton Roads. AIHR serves our Hampton Roads community by investing resources for communities in need and informing individuals about the important international relationship between the United States and India.

AIHR truly enriches the social fabric of our community. Thank you again for having me and have a fantastic India Fest!

Sincerely,

Rep. Elaine G. Luria
Member of Congress

Congratulations on another successful India Fest! It is a pleasure to celebrate and enjoy this occasion with you again this year!

VOICES

NORFOLK
ACADEMY

1728

VALUED

EXCITING

Every day, Norfolk Academy students use their voices to make things happen. *To ask questions. To find answers. To express ideas.* And they are heard, loud and clear.

In a school shaped by an Honor System, they grow to value the path of integrity. They explore new ideas and achieve new insights, discovering ways to change the world for the better.

To learn about all the ways we help students in grades 1–12 develop their voice, intellect, and character, come visit.

Register for our

Mornings at the Academy

or call us for an individual tour.

757-455-5582
norfolkacademy.org

CHOICES



MEMBER OF CONGRESS

BOBBY SCOTT
THIRD DISTRICT
VIRGINIA

October 1, 2019

Mr. Naveen Kumar
President, Asian Indians of Hampton Roads
c/o Virginia Beach Convention Center
1000 19th St
Virginia Beach, VA 23451-5674

Dear Mr. Naveen, Members and Guests:

I am pleased to offer greetings as you gather for the 24th Annual India Fest presented by the Asian Indians of Hampton Roads (AIHR) on November 23, 2019.

The Annual India Fest has become one of our region's signature events by promoting cultural diversity and by showcasing AIHR's commitment to inclusion. Today's festivities will provide an opportunity for attendees to celebrate and indulge in the finest music, art, dance and cuisine our region's Asian Indian community has to offer. I have no doubt that this year's India Fest will continue to serve as a source of education and inspiration for all of Hampton Road's residents.

Best wishes for a successful event.

Very Truly Yours,

ROBERT C. "BOBBY" SCOTT
Member of Congress

Not printed at government expense.

WORDS TO PONDER

Watch your thoughts because
Your thoughts become your words.

Watch your words because
Your words become your actions.

Watch your actions because
Your actions become your habits.

Watch your habits because
Your habits become your character.

By William Makepeace Thackeray

With Best Wishes



**30 Research Drive
Hampton, VA 23666-1325
(757) 865-1400
www.vigyan.com**



COMMONWEALTH OF VIRGINIA
HOUSE OF DELEGATES
RICHMOND

GLENN R. DAVIS
ONE COLUMBUS CENTER, SUITE 695
VIRGINIA BEACH, VIRGINIA 23462
EIGHTY-FOURTH DISTRICT

COMMITTEE ASSIGNMENTS:
EDUCATION
GENERAL LAWS
TRANSPORTATION

November 12, 2019

Dear Friends of India Fest:

It is my pleasure to extend a warm Virginia Beach welcome to you and the Asian Indians of Hampton Roads for India Fest 2019. I sincerely appreciate the AIHR and their dedication and effort to share their culture and cuisine with our region.

I am honored to have been invited to attend this event for the past several years and enjoy the festivities, food, and fun more each year. The cultural diversity of Virginia Beach is part of what makes our city one of the best in the Commonwealth and the Nation! I look forward to continuing to work with you as a member of the General Assembly to make Virginia a better place to live, work, raise a family, and start a business.

Thank you again for being a part of this incredible event celebrating Asian Indian culture here in Virginia Beach. As always, if I can ever be of service to you or someone you know, please do not hesitate to reach out to me.

Sincerely,


Glenn R. Davis

**Our donors come from all walks of life.
But they all have one thing in common:
The burning desire to help our community.**

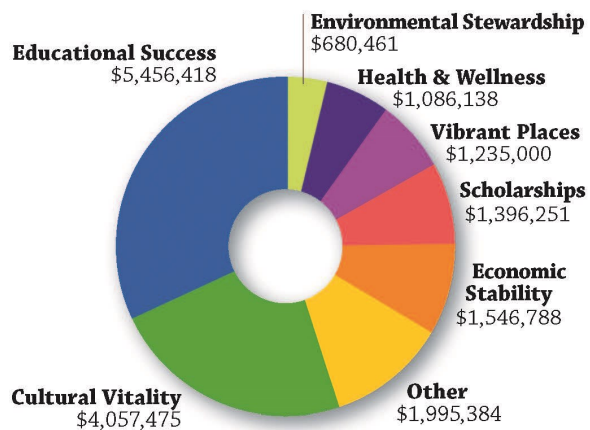


Thanks to their generosity, last year alone we put \$17.5 million to work helping others through grants and scholarships.

Bequests, IRA gifts, donor-advised funds, scholarship funds, organizational funds and private foundation alternatives are among the possibilities.

Our expert advice is free and in total confidence. Let us show you how easy it is to get started.

2018 GRANTS PAID BY PROGRAM AREA



**Hampton Roads
Community Foundation**

Inspiring Philanthropy. Changing Lives.

Contact Kay Stine, CFRE, vice president for development:
(757) 622-7951 or kstine@hamptonroadscf.org.



November 23, 2019

Greetings!

On behalf of Suffolk City Council, welcome to the 24th Annual India Fest. We hope you will enjoy the sights, sounds and tastes of one of Hampton Roads' premier culinary and cultural festivals.

This annual gathering is a tribute to the heritage and culture of India and includes authentic Indian music, art and cuisine. Hampton Roads is fortunate to have great diversity among our citizenry, who comprise the rich tapestry of our region. Our Asian Indian community contributes greatly to the spiritual, cultural and economic vitality in each of our cities. Your organization's commitment to enhancing the quality of life of residents in Suffolk and the entire area is truly admirable. This occasion is a testament to your spirit of collaboration, dedication and hard work in preserving and sharing the best of vibrant Asian Indian traditions.

Again, welcome to the 24th Annual India Fest. Please accept my best wishes for a successful and joyous celebration.

Sincerely,

A handwritten signature in black ink that reads "Linda T. Johnson". The signature is written in a cursive style with a large, flowing "L" and "J".

Linda T. Johnson
Mayor



WYNDHAM GARDEN[®]

Norfolk Downtown



Let us plan the wedding you have dreamed of!

Commit your special day to us, we will take it from there.

- ❖ **Complimentary Suite the night of your wedding**
- ❖ **Champagne and Chocolate covered Strawberries**
- ❖ **Anniversary Gift Certificate for a free night stay**
- ❖ **Free Breakfast for two in bed**
- ❖ **Late Checkout**
- ❖ **Free Parking**

Meeting & Sleeping Rooms Specials

Book Today and Save!

- ❖ **Newly renovated sleeping rooms with discounted rates!**
- ❖ **Meeting spaces with capacity from 25 - 500 people**
- ❖ **10% Audio Visual discount**
- ❖ **Free Parking**
- ❖ **Triple Wyndham Reward Points for the Planner!**

Mention this Ad

And let us take Great Care of You!

Visit our website at www.wyndhamgardennorfolkva.com or call (757)627-5555 for more information

ALL YOUR BUSINESS INSURANCE NEEDS.

ONE AGENT. ONE CALL.



Jason P. Magruder, CLCS

- General Liability
- Workers Compensation
- Commercial Auto
- Inland Marine
- Life , Health , Dental
- Disability & Long-Term Care Insurance
- Employment Practices Liability
- Professional Errors & Omissions
- Property
- Umbrella
- Bonds
- Pollution



MORGAN MARROW COMPANY

Providing Insurance Services Since 1907



MORGAN MARROW COMPANY

Providing Insurance Services Since 1907

Jason P. Magruder, CLCS

484 Viking Drive • Suite 140 • Virginia Beach, VA 23452-7321
757.232.2223 • Fax 757.431.8256 • 800.865.1021

jasonm@morganmarrow.com

www.morganmarrow.com



HOTELS

AND COMMERCIAL REAL ESTATE

EDWARD C. DENTON | (757) 354-2115 | DENTONREALTY.NET | 1604 HILLTOP WEST CENTER, STE. 318 VIRGINIA BEACH, VA 23451

Licensed in Virginia and North Carolina. Equal Housing Opportunity.

In loving memory of
Dr. Ram Sarup Jain, Mrs Sarla Jain
& Mrs. Sita Wati Sharma

**Best Wishes for
India Fest 2019**

**Gopal, Indu, Deepika,
Sangeeta, Deepak & Bhawnish Sharma**

WITH BEST COMPLIMENTS FROM

BeachFront Management Group



BeachFrontMgmt.com

Office: (757) 938-5438 | Fax: (757) 938-5423

1485 General Booth Blvd. Suite 117, Virginia Beach, VA 23454

Our Very Best Wishes for

INDIA FEST
2019



Science and Technology Corp.

Dr. Adarsh & Patricia Deepak

Mr. Chand & Malini Deepak

Best Wishes India Fest & AIHR...

- Hemal & Anisha Patel

RAJA



SIMBA



We are ready to welcome your next Social Event,
Wedding, Reunion, Company, or Association Meeting!



100 Red Cedar Court
Chesapeake, VA 23320
Ph:(757)-547-8880



3345 S. Military Hwy
Chesapeake, VA 23323
Ph:(757)-487-2564



3355 S. Military Hwy
Chesapeake, VA 23323
Ph:(757)-673-8585

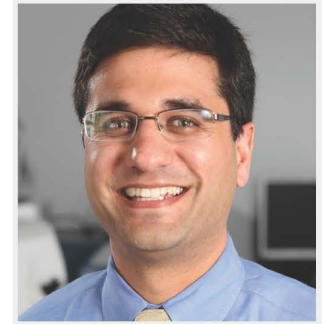


3353 S. Military Hwy
Chesapeake, VA 23323
PH:(757)-966-9800

WHEN IT'S YOUR EYES, EXPERIENCE MATTERS.

Trust the LASIK team that's
performed over 30,000 procedures.

- All-Laser LASIK
- Laser Cataract Surgery
- Corneal Cross-Linking
- Treatment for Glaucoma, Macular Degeneration, and Diabetic Eye Disorders
- Comprehensive Eye Care for the Family



Vivek K. Jain, M.D.

Dr. Neatrou | Dr. Jain | Dr. Waschler | Dr. Levine | Dr. Lipton | Dr. Tang | Dr. Ritenour | Dr. Bumgardner | Dr. Sayers | Dr. Le | Dr. Wilkins

VISIT ONE OF OUR FIVE CONVENIENT LOCATIONS.

1201 First Colonial Road | 4388 Holland Road | 2173 Upton Drive (Red Mill)
1501 Cedar Road (Chesapeake) | 5386 Kemps River Drive

757.425.5550 | www.beacheyecare.com | Where Experience Matters



BEACH EYE CARE

Best Compliments

To

India Fest 2019

From

**Madhu ,Sapna , Kenny
Samtani &
Sajay ,Harsha ,Radhika,
Jianna**



Sunshine Paradise
2610 Atlantic Avenue

Sunshine Paradise
1600 Atlantic Avenue

Sunshine Paradise
2904 Atlantic Avenue



“AT SOUTHERN BANK, I HELP PROFESSIONALS AND BUSINESS OWNERS ACHIEVE THEIR FINANCIAL GOALS THROUGH OUTSTANDING BANKING SERVICES.”

“HOW CAN I HELP YOU AND YOUR BUSINESS ACHIEVE YOUR FINANCIAL GOALS?”

HEMANG OZA
VICE PRESIDENT / COMMERCIAL LENDER
HEMANG.OZA@SOUTHERNBANK.COM
(757) 749-4242
403 BOUSH STREET
NORFOLK, VA 23510



www.southernbank.com

Join Local Desi's on
acebook:

देसीज़  f hampton roads

<https://www.facebook.com/groups/DesisOfHamptonRoads>

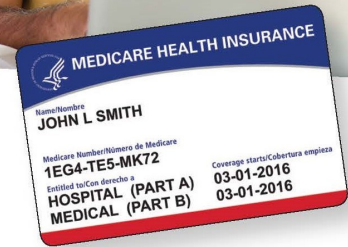
For up-to-date information on upcoming Local Indian News, Events, Cultural and Community Happenings, Festivals, etc. in the Hampton Roads area.





Anthem. HealthKeepers
Offered by HealthKeepers, Inc.

Questions
about Medicare?
We're here to help!



Call me today:

Kenneth Peebles, MBA

an authorized licensed insurance agent
for Anthem HealthKeepers in Virginia
License number: 807611

757-708-6124

(TTY: 711)

kenneth.peebles@anthem.com

Clarence Joyner

an authorized licensed insurance agent
for Anthem HealthKeepers in Virginia
License number: 563326

757-406-3925

(TTY: 711)

clarence.joyner@anthem.com

We do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability in our health programs and activities. 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-211-9817 (TTY: 711) 번으로 전화해 주십시오. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-211-9817 (TTY: 711). This policy has exclusions, limitations, and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, please contact your agent or the health plan. HealthKeepers, Inc. is a Medicare Advantage Organization with a Medicare contract. For Dual-Eligible Special Needs Plans: HealthKeepers, Inc. is an HMO D-SNP with a Medicare contract and a contract with the Virginia Medicaid program. Enrollment in HealthKeepers, Inc. depends on contract renewal. HealthKeepers, Inc., an independent licensee of the Blue Cross Blue Shield Association, serves all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

Y0114_19_35830_U_C_900 CMS Accepted 10/01/2018

72612MUSENMUB_900

**BEST COMPLIMENTS TO INDIAN COMMUNITY
FROM ANIKE Group Inc (General Contractors)**

AVAILABLE FOR LEASE

Great industrial site! 6.688 acres paved and fenced with an office building Warehouse building, garage and three large covered parking areas. Zoned 1-2, heavy Industrial. Perfect for a range of uses including fleet servicing, large scale parking, bulk outside storage and more.

BIG VIEW INDUSTRIAL PARK



731 Rugby ST Norfolk, VA 23504

PH 757 390 0887

King of the Sea

Seafood Buffet

Including Soup, Salad & Dessert Bar Served Daily
Featuring a Full A La Carte & Kid's Menu



(757) 428-7983

2612 Atlantic Ave., Virginia Beach, VA 23451

kingofthesea.com



SUNRISE CAFE

BREAKFAST · LUNCH

We serve a delicious blend of
breakfast and lunch.

Every day is a Sunday feast at Sunrise cafe. Serving
generously sized breakfast and lunch in a stylish space
plus service with a smile.



(757) 481-5727

1369 North Great Neck Rd., Virginia Beach, VA 23454

sunrisecafevb.com

Birdneck Food Mart

A family owned neighborhood sundry!

We stock a wide variety snack and beverage options.
We are your one-stop shop for all your on-the-go needs.



(757) 425-6479

580 N. Birdneck Rd. Virginia Beach, VA 23451

Deepak Patel | Krish Patel | Andy Zavalas

Munesh Nikita Homes



got real estate questions?



JUST ASK US!

Munesh & Nikita Chandiramani

#757-947-8447 email- callnikitamunesh@kw.com

968 First Colonial Rd, Virginia Beach VA 23454 # 757-422-4600





Boulevard Veterinary Hospital



Dr. Anitha Gowda DVM

6636 Virginia Beach Blvd,
Norfolk, VA - 23502

Phone: 757-461-4416

Email: BoulevardVetHospital@gmail.com

CALL US TODAY FOR BOARDING RESERVATION

Indian Culture - Diverse and Inclusive

By Kamlesh Kapur

Education Chair

Asian Indians of Hampton Roads



Home to nine religions, twenty-seven official languages and hundreds of dialects, India is a many-splendored thing; meditative and peaceful at the same time, tumultuous, vibrant and joyous.

Visitors to India always carry back some lasting impressions of culture, hospitality and colorful landscapes. Many are wonderstruck to see the empathy and affinity shown by their hosts and people during chance meetings.

Various shades, blending or contrasting, create a multi-array screen of beauty and splendor. Various regional differences are the outcome of the environmental features which are unique to India. The Indian subcontinent has six different climate zones; accordingly, people in each region have a distinct lifestyle. Unlike the western countries with diverse demography, India's diversity is not race- or skin-color specific. It is the result of environmental variation and religious customs and traditions. These differences blend together to create an intricately interwoven tapestry that is the composite culture of India. All these diverse people from different faiths, traditions and languages manage to work together in a congenial workplace, feeling welcomed, respected, supported and valued; being quite comfortable is a distinct part of the complex mainstream culture. Most of the people sharing common historical experiences have developed empathy for each other, which is reflected in their social personality.

This festival itself is a showcase of various diverse traditions of India's arts, cuisines, fashions, the dances and the music. Free for the public, this festival demonstrates India's many facets that will intrigue and enthrall the visitors. Indian festivities are centered on the changes of seasons, celebration of heroic deeds, and legends surrounding those who built the building blocks of civilization of mankind.

While several ancient cultures are lost to the mankind and many civilizations have faded away, Indian culture and civilization, going back to remote antiquity, still breathes, inspires and beacons humanity to its loftiest traditions.

Since India's independence in 1947, its presence is growing on the geopolitical stage year after year. India of today is still a leader in showing the light to explore the inner self. Its message of cultivating peace and harmony within to radiate to the outer environment holds a promise for the mankind -- to leave a better world for the next generations. Being nature worshippers, more Indians tend to be environmentalists, conservationists and frugal, thus less wasteful.

India's work of being the light of Asia started successfully with the acceptance of Yoga for physical and mental health, and this work is unfinished. The next steps are creation of congenial international relations and cooperative efforts of nations to face the challenges that face US ALL. Our very survival on earth may depend on how we meet these challenges.

AIHR is proud to provide a regional platform for creating cultural, social, and political exchange, highlighting the vital friendship between the world's two largest democratic nations, America and India.



NOW IN TWO LOCATIONS:
BelleHarbour and Obici

Virginia Gastroenterology SUFFOLK



Ashley Alexander
FNP-C



Pramod Malik, MD



Terrinda Alston
DNP, FNP-C

www.VirginiaGastro.com

(P) 757.942.2566 | (F) 757.932.9279

VIRGINIA GASTRO AT BELLEHARHOUR: 3910 BRIDGE RD., SUITE 101, SUFFOLK, VA 23435

VIRGINIA GASTRO AT OBICI: 2790 GODWIN BLVD., SUITE 205, SUFFOLK, VA 23434

Supported EnJewel, a local 501(c)(3) non-profit Org with a mission to eradicate Human Trafficking locally & globally in January, 2019



2019 – AIHR Activities

- Sponsored Two Scholarships at Asian Fest in May, 2019
- Donation to Virginia Beach Tragedy Fund
- Supported Annual Health Camp
- Donation to ODU Indian Student Association
- Sponsored 'ForKids' Art Auction
- Supported Norfolk Sister Cities Association's Passport Event
- Sponsored and Supported 'Taste of India'

Supported North South Foundation to Organize and Promote Educational and Talent Contests at ODU Webb Center in March, 2019



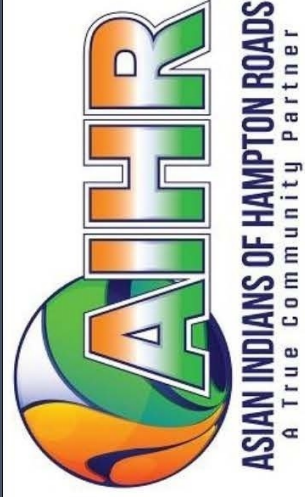
Participated & Supported 'Big Read' - An Awareness Reading Project on Racism in March, 2019



Prayer and Community Lunch as a Tribute to Indian Martyrs in Pulwama in March, 2019



Represented India in Asian Fest and Supported APAHO at Waterside Norfolk in May, 2019



Supported 'Virginia Center for Inclusive Communities' (VCIC). AIHR Board Member, Dr. Alok Verma was honored with prestigious humanitarian award by VCIC, Tidewater Chapter.



Annual 'Feed the Homeless' at Judeo-Christian Outreach Center, Virginia Beach on the occasion of Indian Independence Day on August 13



Proudly promoted in partnership with City of Virginia Beach, A classical music concert by Maestro Amjad Ali Khan at Sandler Center. Amjad Ali Khan is one of the undisputed masters of the music world and is recipient of India's second highest civilian honor 'Padma Vibhushan'. He is a true ambassador of Indian music across the world.



Sponsored the very first 'Afro Beat Fest 757' hosted by Tidewater African Cultural Alliance (TACA), a local 501(c)(3) org to promote cultural exchange



TEAM INDIA FEST 2019

CULTURAL

Dr. Bindiya Magoon
Dr. Vandana Dhawan
Dr. Rajul Malik
Mrs. Nikita Chandiramani
Mrs. Reenu Agarwal
Mrs. Rupal Master
Mrs. Shubhra Dharni

DECOR

Mrs. Parita Patel
Mrs. Dharti Patel
Mrs. Rajshree Amin

EXHIBITORS / VENDORS

Mr. Ashish Dharni
Mr. Devin Patel

FACILITIES & SOUND

Mr. Davinder Rajpal
Mr. Nimesh Sheth

FOOD

Mr. Janak Patel
Mr. Nikunj Trivedi
Mr. Pradip Patel

MARKETING

Mr. Mohit Gour
Mr. Amit Daswani

NETCON

Mrs. Ankur Khullar
Mr. Ashish Dharni

OPERATIONS

Mr. Raj Khullar
Mr. Vishnu Sappati

PHOTOGRAPHY

Mr. Brad Rudacille
Mr. Sanjay Patel

PUBLIC RELATIONS

Dr. Alok Verma
Mr. Ganga Bhandari
Mr. Ravi Khandpur
Mrs. Manisha Trivedi

PUBLICATIONS / AD

Mr. Karamjit Rajpal
Mr. Naveen Agarwal
Mr. Pratik Kothari

SPONSORSHIP / AD

Dr. Govindarajan Ramesh
Dr. P. Murthy
Mr. Manan Shah
Mr. Sanjay Patel

TALENT

Mrs. Bhranti Patel
Mr. Senthil K. Rajasekaran
Mr. Umang Aggarwal
Mr. Veeram Shetty Guthula
Mrs. Aarti Desai
Mrs. Abigail Viar
Mrs. Anamika Acharya
Mr. Dan Viar
Mrs. Gaurvi Sheth
Mrs. Jolly Patel
Mrs. Kavitha Sri
Mrs. Swara Chokshi

VOLUNTEER

Ms. Sonal Rajpal
Mr. Shailesh Patel
Mr. Rambabu Surapaneni

WEBSITE

Mr. Karamjit Rajpal



Lakeshore Dental

Family and Cosmetic Dentistry

1209 Independence Blvd, Ste 110, Virginia Beach, VA, 23455

757-490-3111



Dr. Amrish Patel, DMD, FAGD

After first attending dental school in India, Dr. Patel came to the United States and attended Boston University, graduating with his Doctor of Dental Medicine in 2011. He's also earned hundreds of continuing education credits in various advanced services, including dental implants, endodontics, and cosmetic dentistry. He is extremely passionate about his work and being able to uphold very high standards of quality for his patients!

Our Services

- Preventative Dentistry
- Restorative
- Extractions
- Cosmetic Dentistry
- Veneers
- Teeth Whitening
- Invisalign (clear braces)
- Implants
- Root Canals
- And many more!

NO INSURANCE?

No problem!

Ask About Our Dental Savings Plan

Insurances Accepted

- United Concordia (Selected Plans)
- Delta Premier (Not PPO)
- MetLife
- Anthem (300 complete, Prime, Fed)
- Cigna Radius in-network w/ total Assurant
- Aetna
- Principal
- Ameritas
- Careington Plan
- Humana PPO (not Medicare)
- Zelis (Formally Maverest)
- Lincoln Financial
- Guardian
- UnitedHealthcare
- Dominion Dental



Asian Business Association of Hampton Roads

"Strength in Unity, Innovation through Diversity"

BECOME AN ABAHR MEMBER!



TOP REASONS TO JOIN

- Meet other business professionals through networking opportunities
- Develop your business skills and resources
- Be a part in strengthening our business community

VISION

"We want integrated and successful Asian Businesses that enrich the lives of every person in Hampton Roads."

VISIT ABAHR.COM/JOIN AND COMPLETE OUR ONLINE APPLICATION TO BECOME A MEMBER TODAY!

MISSION

"We want to strengthen the Asian Businesses of Hampton Roads by promoting Economic Growth, Development and Integration with Diversity and Inclusion while honoring our Cultures."

ABAHR VISION 2020

Program Development:

1. 1st Generation Business Owners
2. Children of 1st Generation
3. Seniors of 1st Generation

4. Leadership Development of 1st and 2nd Generations
5. Bridging and integration of Asian businesses and American businesses
6. Procurement Business Development
7. Import/Export Business Development



#ABAHR757

© 2018 Asian Business Association of Hampton Roads. All Rights Reserved.

VISIT ABAHR.COM

READER-LOVED BRANDS ACROSS VIRGINIA

Award-Winning Newspapers

The Virginian-Pilot **Daily Press**
PilotOnline.com

Community Newspapers

THE VIRGINIA GAZETTE **Tidewater Review**

Lifestyle Magazines

DISTINCTION **Growler**
CULTURE, DINING & STYLE

Outer Banks **Williamsburg** **PRIME**
MAGAZINE MAGAZINE

Military

The Flagship **WARRIOR**
PENINSULA

Business

Inside Business
The Hampton Roads Business Journal

Alternative

STYLE
WEEKLY



**VIRGINIA
MEDIA**

VirginiaMedia.com/brands



All of Your Event Needs Under One Roof

Conveniently located between Virginia Beach, Norfolk and Chesapeake, the Holiday Inn Conference Center offers 307 spacious guest rooms including 11 suites and 22,000 sq. feet of banquet space.

Our service is second to none!

Check out our website @ www.hivabeachnorfolk.com

Let us make your event picture perfect!



Virginia Beach - Norfolk
Hotel & Conference Center

FOR AN APPOINTMENT CALL (757) 226-9124

5655 Greenwich Road • Virginia Beach, VA 23462



Packages available

Special Packages for India Fest

5-Hour Reception Package

- * Table linen for rounds of 10 people
- * Full place settings of glass, china and silver
- * Hotel centerpieces and mirror displays
- * Set up and clean up of facility
- * Complimentary parking
- * Fully dressed buffet tables
- * Complimentary hotel suite for one night

- * Tables of 8 have a \$2 surcharge.
- * Must use hotel approved caterer.
- * Must use hotel bar services.



Show Stopper Perks

- * Complimentary dance floor (\$250 value)
- * Book by March 31, 2020 and receive 10% off per person fee
- * discounted hotel room rates for your guests

AECPEC

Albemarle Eye Center, PLLC

Precision Eye Care

Jitendra Swarup, MD
William Blakemore, MD
Walter Wright, MD
Eric Burns, OD
Katie Hickman, OD
Tim Klugh, OD
Gary Lehman, OD
Nicole Lynch, OD

We are pleased to offer a wide variety of treatments and services:

- Cataract surgery with AcrySof® IQ PanOptix® Trifocal, Alcon Toric, Abbott Tecnis Multifocal, Abbott Symphony and Abbott Symphony Toric lenses.
- Laser for Diabetic Eye Disease
- Glaucoma
- LASIK & PRK Surgery
- Routine Eye Care
- Botox and Restylane Treatments
- Same day optical services

 Find us on
Facebook

EDENTON, ELIZABETH CITY, KINSTON, KITTY HAWK, NAGS HEAD AND WASHINGTON

www.AECPEC.COM

1-800-755-7535

SPONSORS



PRESENTING SPONSOR



J.F.Schoch
BUILDING CORP.

EXHIBITORS

- AARP
- Anthem IT
- Anthem Medicare
- Archie's Creations
- Arna Collection
- Art of India by Unique Touch
- Art of Living
- North South Foundation
- Asian Business Association of Hampton Roads (ABAHR)
- Asna Jewels & Fashions
- Balloon & Face Painting
- BAPS Charities
- Beach Front Management
- BO Boutique
- Century 21 Nachman Realty, OBX
- CertaPro Painters
- Choice Insurance
- Costco
- Crafts India Inc.
- Devi Boutique
- Empire Amusement
- Eternity Artifacts
- Express Flooring
- Gems & Jewelry Hut Inc
- Glitz Beauty Salon
- Gotcha Covered
- Gruzone Education
- Hand & Stone Massage and Facial Spa
- Hania Collections
- Henna (Indian Temporary Tattoos)
- Holiday Inn
- Indian Fashions
- J. F. Schoch Building Corp and OMNI Designs
- JES Foundation Repair
- Jewelry Bazar
- Kashmir Interiors
- KUMON
- LAP Groups
- Mathnasium
- Neera International
- Nisha's Boutique
- Norfolk Academy
- Old Dominion University
- Perfect Pinache
- Plaza Groups
- Primrose Inc.
- PROSPER Insurance
- Rang Boutique
- Sai Collections
- Sattvic Space
- Social Security Administration
- Southern Bank
- TechArk Solutions
- Towne Bank
- U.S. Bureau of Census 2020
- Vacation Village
- VIRGINIA MEDIA
- VKM Collections
- WHRO Public Media

FOOD VENDORS



INDIAN STREET FOOD



One Taste & You're Hooked Since 1999

EXECUTIVE TEAM



**NAVEEN
AGARWAL**
President



**BHRANTI
PATEL**
Vice President



**KARAMJIT
RAJPAL**
Treasurer



**RAJSHREE
AMIN**
Secretary

BOARD OF DIRECTORS

DR. ALOK VERMA

MRS. ANKUR KULLAR

MR. ANIL NAIR

DR. G. RAMESH

MR. JANAK PATEL

MR. MOHIT GOUR

DR. P. MURTHY

MR. PRADIP PATEL

MR. RAM GOWDA

MR. R.K. RENUKUNTA



ASIAN INDIANS OF HAMPTON ROADS
A True Community Partner

AIHR MISSIONS & OBJECTIVES

Charity & Community efforts	<ol style="list-style-type: none"> 1. Donate funds to local, domestic and international charities, trusts & foundations 2. Support the penurious of the community. 3. Support and work with community organizations like Union Mission, homeless shelters, Food Bank etc. 4. Donate funds to support the Veterans of United States 5. Raise funds for charities through events & programs.
Disaster Relief	<ol style="list-style-type: none"> 1. Support domestic and international disasters through financial and non-financial aid. 2. Host fund raising events to support disasters.
Educational	<ol style="list-style-type: none"> 1. Promote the importance of Education in local schools. 2. Seek and recognize talents from the local community. 3. Host Math, English and Science competitions for school kids. 4. Participate and promote Children's events and festivals. 5. Award scholarships for academically excellent students.
Cultural	<ol style="list-style-type: none"> 1. Promote the cultural heritage of India in mainstream America. 2. Represent India in various cultural events and programs. 3. Host cultural events to show cast the cultural heritage of India.
Health	<ol style="list-style-type: none"> 1. Educate community about the importance of healthy living 2. Promote Yoga and benefits of yoga in local community 3. Host health related seminars and workshops 4. Host Blood Donation camps in association with Red Cross 5. Host Health Fair and camps to create health awareness
Community Support	<ol style="list-style-type: none"> 1. Support local community activities in Hampton Roads. 2. Activities include cultural, charities, fund raising and festivities. 3. Support local organizations and trusts. 4. Promote networking platform for local businesses and sponsors.
Indian Heritage	<ol style="list-style-type: none"> 1. Act as a liaison and facilitate the involvement of people of Asian Indian origin in the mainstream of American social fabric. 2. Disseminate information about India in local schools and colleges. 3. Jointly host events with Indian orgs to promote culture and heritage of India.
Events Hosting	<ol style="list-style-type: none"> 1. Host signature event like India Fest to raise funds for charities, disaster support and operational expenses. 2. Provide platforms to the local business community for networking through events. 3. Raise funds through hosting cultural and non-cultural events.
Social & Political	<ol style="list-style-type: none"> 1. Disseminate information on economic, social & political issues



Swagath Plaza

THE SOUL OF INCREDIBLE INDIA

Restaurant Banquets Groceries Halal Meat



Swagath Plaza Family would like to thank the Hampton Roads Community for the continuous support. The Love and Response we received for the **Restaurant** so far is Incredible. We feel privileged to serve Quality **Authentic Indian Food** to you and your Families. We hope to Receive the same support for the **Grocery Store** which is **Opening Very Shortly**

Thank you. Thank you. Thank you.

920 N MILITARY HWY NORFOLK VA 23502
WWW.SWAGATHPLAZA.COM | PH: 757 909 0909



We sell and Serve Fresh Halal Meat



ALL YOU CAN EAT LUNCH BUFFET





presents

The 10th Annual

Mid Atlantic C-Store Expo

2020

Date:

September 17, 2020

Time:

10 AM to 5 PM

Venue:

**Richmond Raceway
Complex,
Richmond, VA**

For more information

Email us at

macs.expo@gmail.com



Country's fastest growing C-Store Expo



www.vaasoa.com

Desi Motorcycle Club



Take part in our Community events:

Holi Festival, Food Drives, CHKD Toy Drive, Diwali Celebration, Motorcycle Riding Classes, and many more....

Follow us



<https://www.facebook.com/DesiMotorcycleClub>



ROYAL BAZAAR

INDIAN-ASIAN FOODS

415 N Military HWY
Norfolk VA 23502.

Contact Number
#757-455-0700

India Fest 2019 Talent Contests Results

Contest	Category	And the WINNERS are...		
		Winner	Runner-up	2nd Runner-up
Art	Age 5-7	Jhasvisri Bezwada	Mahalakshmi Karani	Devika Padiri
	Age 8-10	Soham Pattnaik	Mananya Vulli	Mahi Patel
	Age 11-13	Raghav Mantri	Yoshita Padiri	Saanvi Kakde
Public Speaking	Senior	Ria Rathi	Swara Chokshi	
	Junior	Aarav Chokshi	a) Aarya Rajashekara b) Deeya Rajashekara	Mudrika Patel
Aarti Thali		Hemangini Patel	Hetal Patel	Nilam Patel
Essay	Age 6-9	Saanvy Kumari	Varsha	Pranav Mohan
	Age 10-13	Varish Sappati	Prasannaa Chokkalingam	Sanchit Kumar
Poetry	Age 5-7	Siddhant Samtani	Sahana Senthilkumar	Devika Padiri
	Age 8-10	Pranav Mohan	Varsha Padmanabhan	Avantika Rajasekaran
	Age 11-13	Mudrika Patel	Anuradha Basnet	Saanvi Kakde
Talent Show	Instrument JR.	Aanya Jain		
	Instrument SR.	Vikram Goudar	Bhuvanesh Skandaraj	Garima Aggarwal
	Singing Junior	Maulee patel	a) Sri Shradhhaa Sridhar b) Sri Samanvithha Sridhar	Sanjana Sabbineni
	Singing Senior	Ria Rathi	Deeya Rajashekara	Mananya Vulli
Henna		Hira Qadri	Hetal Patel	
Math	High School	Stefan Popescu	a) Sophia Viar b) Daniel Adams	Joshua Bennett
	Middle School	Austin Mao	Kevin Hou	Srivarun Hathwar
	Elementary School	Vikram Goudar	Bhuvanesh Skandaraj	Soham Pattnaik
Chess	Elite	Aneesh Desai	Timothy McCall	Daniel Baesler
	Novice	Wolfgang Ulrichs	Simon Bustillos	Kenneth Wells
	Senior Rookie	Pranav Maddipatla	Alen Abhilash	Emran Ali
	Intermediate Rookie	Bisaj Shrestha	Alvin Abhilash	Daniel Rysavy
	Junior Rookie	Saharsh Komuroju	Luis Duprey	Aarna Aithani
Tennis	Men's Double	1) Hrushikesh Khot	1) Vijay Govindan	
		2) Pratik Pushp	2) Satish Chekuri	
Ping Pong	Kids(10-13)	Srivarun Hathwar	Garima Aggarwal	
	Men's Single	Asheem Dahal	Vijay Sheth	
Badminton	Kids(10-16)	Manasi Tiwari	Jatin Tiwari	
	Mixed Double	1) Madhu K	1) Anupam Chakraborti	
		2) Chandra Tiwari	2) Sharel Pinto	
	Women's Double	1) Chandra Tiwari	1) Rekha Padiri	
2) Deepa Manthravadi		2) Vaishnavi Kaliappan		
Men's Double	1) Anupam Chakraborti	1) Nisaraj Dharmarajan		

HILTON VIRGINIA BEACH OCEANFRONT
3001 ATLANTIC AVE. VIRGINIA BEACH, VA
289 ROOMS / 12,000 SQ FT EVENT SPACE
(757) 213-3000

EMBASSY SUITES BY HILTON RICHMOND
2925 EMERYWOOD PKWY. RICHMOND, VA
225 ROOMS / 10,000 SQ FT EVENT SPACE
(804) 672-8585

DOUBLETREE BY HILTON MIDLOTHIAN
1021 KOGER CENTER BLVD. RICHMOND, VA
237 ROOMS / 26,000 SQ FT EVENT SPACE
(804) 379-3800

SHERATON VA BEACH OCEANFRONT HOTEL
3501 ATLANTIC AVE. VIRGINIA BEACH, VA
214 ROOMS / 11,500 SQ FT EVENT SPACE
(757) 425-9000

HILTON RICHMOND/SHORT PUMP
12042 WEST BROAD ST. RICHMOND, VA
254 ROOMS / 22,000 SQ FT EVENT SPACE
(804) 364-3600

RENAISSANCE PORTSMOUTH-NORFOLK
425 WATER ST. PORTSMOUTH, VA
249 ROOMS / 21,500 SQ FT EVENT SPACE
(757) 673-3000

DOUBLETREE BY HILTON WILLIAMSBURG
50 KINGSMILL RD. WILLIAMSBURG, VA
295 ROOMS / 48,000 SQ FT EVENT SPACE
(757) 220-2500

DOUBLETREE BY HILTON RICHMOND AIRPORT
445 INTERNATIONAL CENTER DR, RICHMOND, VA
143 ROOMS / 5,500 SQ FT EVENT SPACE
(804) 236-1111

BIG WEDDINGS NEED GREAT SPACES BOOK YOURS TODAY!



SHAMIN
HOTELS

SHAMINHOTELS.COM

PHOTO: ERIC KELLEY / HILTON SHORT PUMP

Wishing continuing success to

INDIA FEST

Ashok & Nayana Patel



Dilip & Pragna Amin

VILLAGE MOTEL

3265 South Military Highway

Chesapeake, VA 23323

(757) 487 2516

Gastroenterology Consultants

*On the leading edge of digestive healthcare.
Continuing our campaign to promote colon
cancer awareness and prevention.*



GLST

Gastrointestinal & Liver Specialists
of Tidewater, PLLC

1925 Glenn Mitchell Drive, Suite 102
Virginia Beach, VA 23456
757-464-1644 Office
757-363-1071 Fax
glstva.com

**Trent D. Martin, M.D.,
Jacqueline Salcedo, M.D.,
Suhas L. Deshmukh, M.D.,
Brent W. Geissinger, M.D.,
Patricia Raymond, M.D.,
Ashan Manohar, M.D.,
Jeannie Cole, PA-C, Cynthia Brownell, NP**



whro PUBLIC MEDIA

COMMENTARY

CULTURE

EVENTS

INTEREST

RADIO

INFORMATION

SCHOOLS

PERFORMANCES

ARTS

SERVICE

EDUCATION

TELEVISION

POLICY

ENTERTAINMENT

LITERACY

FORUM

HEALTH

AFFAIRS

DISCUSSION

JOURNALISM

whro.org

Serving Virginia, North Carolina, and Independent Gasoline Retailers

from nine convenient offices,
offering the personal service you deserve.



Parker

OIL & PROPANE

Delivering a lot
more than fuel
for over 80 years.

South Hill
434-447-4992

Emporia
434-634-2828

Chase City
434-372-4616

Hopewell
804-458-1213

Franklin/Boykins
757-562-3400

Suffolk
757-539-2358

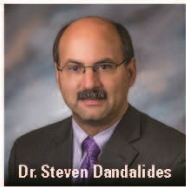
Burkeville
434-767-3310

Farmville/Dillwyn
434-392-6061

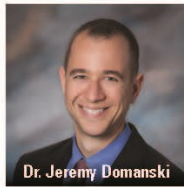
Waverly
804-834-2322

HOME • COMMERCIAL • FARM • RETAIL GASOLINE

For retail gas proposals call Jerry Moore at 434-447-3146 or Brain Atwood at 757-539-2358



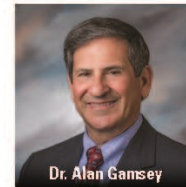
Dr. Steven Dandalides



Dr. Jeremy Domanski



**GASTROENTEROLOGY
ASSOCIATES OF
TIDEWATER**
A DIVISION OF TIDEWATER GASTROENTEROLOGY, PLLC



Dr. Alan Gansey



Dr. Walid Makdisi



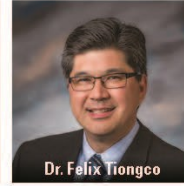
Dr. Shoba Mendu



Dr. Rene Rivera



Dr. Brian Sullivan



Dr. Felix Tiongco



Elisa M. Carter, MPA, PA-C



Chantel D. Dixon, M.S. APRN, FNP-C

We provide expertise in state of the art gastroenterology care including office and hospital consultation as well as 24/7 emergency care.

All offices and endoscopy units are fully equipped and accredited by AAAHC.

The endoscopy units have also received ASGE Recognition of Excellence.

**SATURDAY HOURS FOR COLON SCREENINGS AVAILABLE.
FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT, CALL**

757.547.0798 or www.gatgi.com

www.Facebook.com/gatgihr

CHESAPEAKE

112 Gainsborough Square, Suite 200
Chesapeake, VA 23320

VIRGINIA BEACH

5701 Cleveland Street, Suite 100
Virginia Beach, VA 23462

NORFOLK

155 Kingsley Lane, Suite 300
Norfolk, VA 23505

Gulmohar
WEDDINGS
DESIGN & DÉCOR

MANDAP · SANGEET · MEHNDI
RECEPTION · SPECIALITY LINEN
FRESH FLORAL ARRANGEMENTS

www.gulmoharweddings.com
804-614-4689

Beskin-Divers Insurance Group INC.

A TRADITION OF PROFESSIONAL
RISK AND INSURANCE SERVICES



The #1 Source For ALL Your Insurance Needs!

SPECIALIZING IN:

- Health Insurance
- Dental Insurance
- Business Insurance
- Home & Auto Insurance
- Life Insurance Planning

Ask for Rod Goldberg or Robbie Wagner

☎ 757-497-1041

🌐 www.beskindivers.com

A few of the great companies that we partner with...

Safeco
Insurance

UNITED CONCORDIA[®]
DENTAL

aetna[™]



Cigna.

TRAVELERS



Anthem[™]



Liberty Mutual.
INSURANCE



THE
HARTFORD

Optima Health



EMPLOYERS[™]

UnitedHealthcare



North South Foundation

Encouraging Excellence in Education

US LOGIN INDIA LOGIN



HOME US ACTIVITIES INDIA SCHOLARSHIPS INDIA ACTIVITIES YOUTH CORNER APNA NEWSLETTER VOLUNTEERS



Education - A Gift for a Life time [DONATE NOW](#)

NSF Youth excelling in various contests

Virginia Beach New Chapter

Regionals

Contests

- Spelling
- Vocabulary
- Math
- Science
- Geography



From NSF's creation of US educational contests in 1993, its mission has always been to bring out the academic potential of all its students. Since each NSF contest is designed to resemble other popular competitions in the same subject area, we believe it encourages students to study for and participate in the other contests as well. For example, by studying for NSF's spelling bee, a child is also studying for Scripps, and vice versa.

As the years have gone by, more and more NSF students have excelled in various competitions. Recently, in addition to spelling and geography, NSF students have begun to do well in other math competitions as well, a success we are extremely glad to see. Especially this year, NSF has heard of dozens of students winning competitions in various fields. These students are recognized by subject below:

NSF welcomes : you to actively participate in our Virginia Beach chapter activities

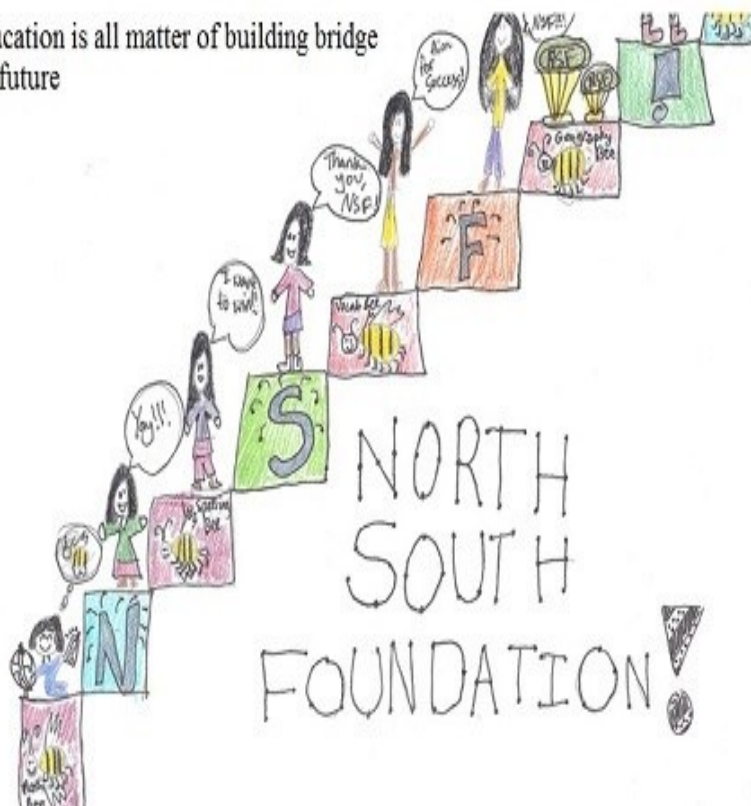
For mor information

[Contact VA Beach Chapter Coordinator](#)

Dr.Vasanth Hathwar
vhathwar@yahoo.com
Ph: 757-619-2939

Welcoming a new Chapter in Hampton Roads Virginia

Education is all matter of building bridge for future



Mrs.Kavitha Sri Hathwar
kavitha_sri9@yahoo.com
Ph: 757-619-2939

Mr.Sanjeev Sagar
sanjeevsagarm@yahoo.com
Ph: 757-553-1330

Mr.Himangshu Dey
hdey@hotmail.com
Ph: 757-816-2140

Young Helpers
Neel Kaloji
Lyla Chandiramani
Muskan Amin
Vishal Talla

Scholarships 2014 - 2015

US ACTIVITIES INDIA SC

US Chapters

Contests

Workshops

Coaching

Fundraising

New Parents

Mentorship

Math Counts

SAT

Geography

Universal Values

New high school mentoring opportunity!



LANDMARK
HOTEL GROUP

*Best Wishes
India Fest 2019!
- The Landmark Team*



Crowne Plaza Virginia Beach
4453 Bonney Road
Virginia Beach, VA 23462
757-473-1700



Hilton Garden Inn Riverfront
100 East Constance Road
Suffolk, VA 23434
757-925-1300

We are ready to welcome your next Social Event,
Wedding, Reunion, Company, or Association Meeting!

HOSPITALITY | MANAGEMENT | EXCELLENCE



Neurology, Sleep & Pulmonary Specialists



Rajiv B. Nanavaty, MD



Rajnish Dhawan, MD



Lacey Lyle, FNP



Ashley Foreman, DNP



Emily Massaro, FNP

Comprehensive Care – Compassionate Approach

150 Burnetts Way
Suite 320
Suffolk, VA 23434
(757) 934-1900

5839 Harbour View Blvd.
Suite 201
Suffolk, VA 23435
(757) 967-0676

www.NSPSpecialists.com

TECHARK

WWW.GOTECHARK.COM

  @gotechark

Your Innovative Technology Partner

Web Design | Software Development | Digital Marketing

Why Choose Us?

We are innovators who care deeply about finding solutions to our customers' challenges. We are uniquely equipped to enable the impossible because of our:

Technical Expertise

Our experienced and highly talented team provides innovative solutions that deliver results, every time.

Speed

With our global team working around the clock, support, communication, and turnaround time is unparalleled.

Quality

Due to our streamlined processes and drive for excellence, our clients are happy and satisfied...and not afraid to show it.

Re-imagine Your Online Presence

We are an award-winning Web Design and Software Development company. We've delivered nearly 500 successful projects

OUR SERVICES



Website Design

We design & develop mobile-friendly websites. They are fast, secured and optimized for search engines.



Software Development

TechArk's custom software development team is highly experienced when it comes to web and cloud development, along with software integration.



App Development

TechArk can help your company with strategy and concept design, iOS and Android app development and also setting you up on the app store.



Digital Marketing

TechArk can optimize your web presence and ads for search engines and update your content – copy, photos, and videos to help your customers find you.

CONTACT US



Call us today! **757-774-7784**



Norfolk | Virginia Beach | Richmond



www.gotechark.com



With Best Wishes

for

India Fest 2019

*Virginia Neurology and Sleep
Centers*



A.J. Barot, MD, FAASM, FAAN, FRSM

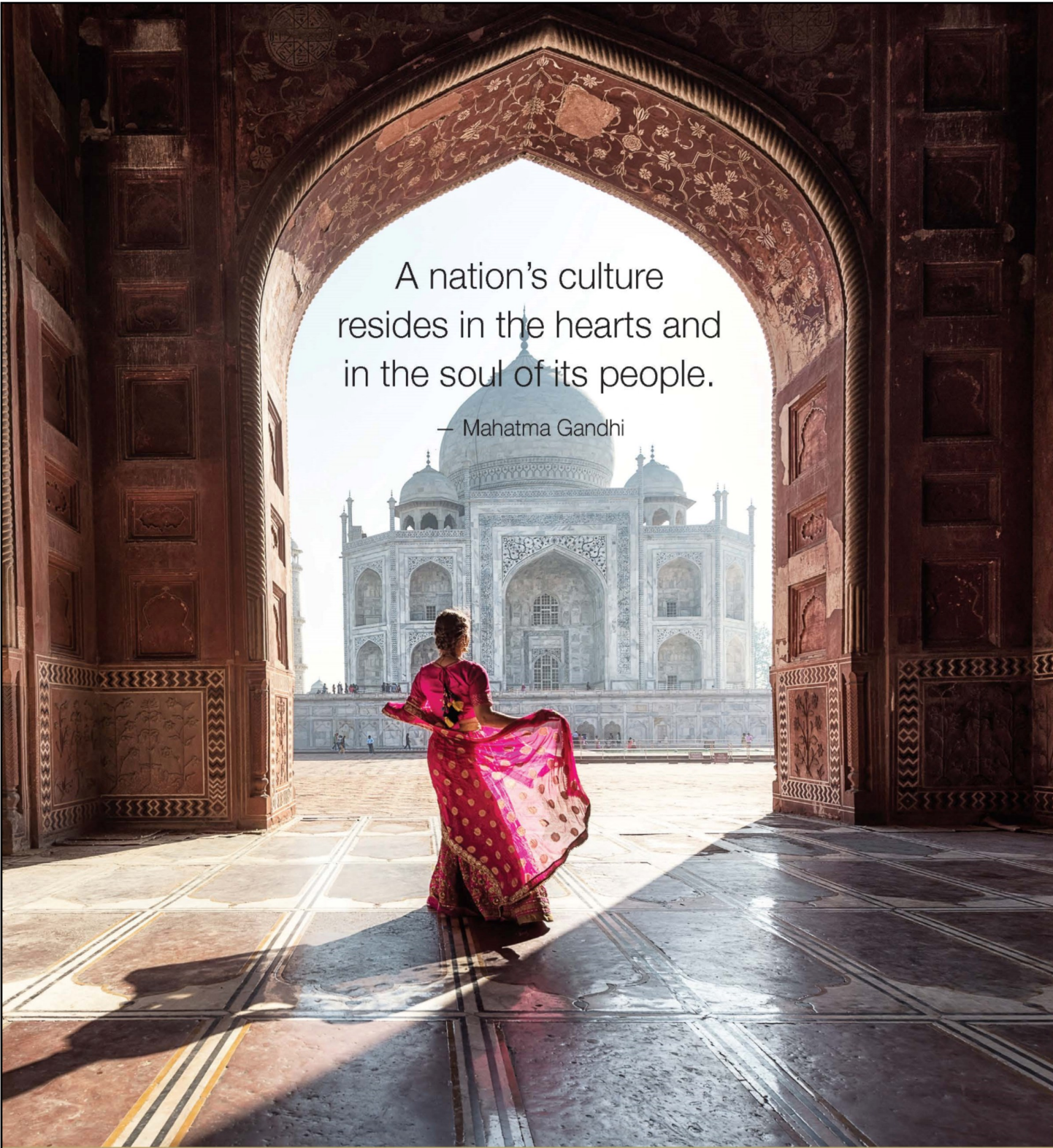
I.A. Barot, MD, FAASM, FRSM, FAAN

N.A. Barot, MD, FAASM

Kelly Boyle, PA

Megan Adams, PA

www.vasleepneurology.com



A nation's culture
resides in the hearts and
in the soul of its people.

— Mahatma Gandhi

 **TOWNE BANK**
The Best Bankers. Hometown Banking.

townebank.com

MEMBER
FDIC 
EQUAL HOUSING
LENDER

LAPGROUP

HOTELS • PETROLEUM • RESTAURANTS • GENERAL CONTRACTING

The Lap Group is comprised of various businesses in the hospitality, convenience store, restaurant and wholesale petroleum (Jobber).

The Company's holdings include eighteen hotels, twenty three convenience stores operating under the Happy Shopper brand with petroleum supply to more than 35 locations. The restaurant division comprises of franchises with Taco Bell, WingStop, Tropical Smoothie Cafe and Einstein Bros. Bagel/Caribou Coffee.



HOTELS



RESTAURANTS



PETROLEUM





GREAT MINDS THINK DIFFERENTLY



OLD DOMINION UNIVERSITY

Old Dominion University values varied experiences that embrace a wide range of solutions and perspectives. We flourish when our global community gathers to ignite the extraordinary. As one of the most affordable doctoral universities in Virginia, ODU offers an accessible and high-quality education.

odu.edu | [#ReignOn](https://twitter.com/ReignOn)

Located in Norfolk, ODU is Virginia's entrepreneurial-minded public doctoral research university with more than 24,000 students, rigorous academics, an energetic residential community and initiatives that contribute \$2.6 billion annually to Virginia's economy.

**"A BEST NATIONAL
UNIVERSITY"**

- U.S. News & World Report

PROVISIONAL ADMISSION

*Applicants holding a three-year
bachelor's degree may be considered
for provisional admission at the
master's level*

STEM-H

*Second-largest percentage of degree
recipients among Virginia
doctoral schools*

J.F.SCHOCH BUILDING CORP



DETAILED ESTIMATING • CUSTOM BUILDING

IN HOME CONSULTATION • RESIDENTIAL & COMMERCIAL

EXTREME RENOVATION & REMODELING • CBPA/HOA COMPLIANT

OMNI BUILDING
GROUP INC.

(757) 495-5050

A. OTEY & J.F. SCHOCH
3-D DESIGN / BUILD COMPANY